

Canadian Military and Veteran Transition Program (CMVTP)

Are you transitioning from military to civilian life?

THE ROYAL
CANADIAN
LEGION



The Legion offers a free, professional program for retired military personnel and veterans, to assist with career and personal transitions.



- Facilitators:** UBC and U-Vic Professors offer life changing, group based professional, guidance and counseling for trauma repair and teaches techniques for successful transition from military to civilian life.
- How Long:** Weekend sessions include six to eight military and veteran participants
- Whose Eligible:** Veterans (serving or discharged) who share their military and life experiences with professional group leaders, specializing in military reverse culture shock and associated stress.
- Privacy:** The sessions are strictly confidential, serving only in the best interests of the participants.
- When:** 2008 Sessions are planned for Vancouver, Victoria and the Okanagan

- Contact:** For Vancouver Island and Sunshine Coast Zones:
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